



10 GOLDEN RULES FOR

PHD CANDIDATES

- 1 You're stakeholder #1 in your project – be the captain of your ship
- 2 Discuss mutual expectations about supervision
- 3 Get an overview – make a project plan with your supervisors
- 4 Manage your time well – and make sure you do it your way
- 5 Work hard, play hard
- 6 Ask for what you need – and address it if you don't get it
- 7 Make use of all available sources of support
- 8 Organise peer support
- 9 Invest in your future – build your network, expand activities and skills
- 10 Remember you're smart – Yes, You Can!



10 GOLDEN RULES FOR

PHD SUPERVISION

- 1 Get to know your PhD candidate – as a person
- 2 Discuss mutual expectations regarding supervision
- 3 Make a project plan together with your PhD candidate
- 4 Separate responsibilities for the research project
- 5 Evaluate project plan as well as supervision – on a regular basis
- 6 Be available and reliable
- 7 Know that support needs may shift – no linear learning curve
- 8 Organise or stimulate peer support – for the PhD candidate
- 9 Share and open up your network
- 10 Share supervision experiences with other supervisors

